



Day	AM Events	Lunch Time Activities	School Outings/ Mass	Afterschool Events	Exams
Monday 06/03/2022		Film Club 1330 – 1330 Chapel Yr9&Yr10 Cricket Club 13.15 -1345 Yr8&Yr9 Football Teams 13.15 -1345 Physics Clinic KS5 (preexisting) [PLS and PLJ] 1315 – 1350		YR8 & 9 Netball Teams 1535 – 1630 YR7 Football Teams 1535 – 1630	Year 11 mock oral exams P6
Tuesday 07/03/2023	Table Tennis 0800 – 0830 ( Sign up via PE office ) All years	Debate Club All Welcome 1315 H4 Bring lunch Yr7&8 Cricket Club 1315 – 1345 STEAM Club KS4 & 5 (PLJ) 1315 – 1350 Chamber Choir Yr10-13 1315 – 1350 KS5 Maths Clinic 1320 - 1350 OC1 KS3 - KS4 Maths Clinic 1320 - 1350 OC2		KS4 Netball Teams 1535 – 1630 Chemistry recovery curriculum in CLS 1530 – 1630 KS4&KS5 Badminton 1535 – 1735 (£ - Sign up via PE office )	Year 11 mock oral exams P7
Wednesday 08/03/2023	KS4 Volleyball 0800 – 0830 ( Sign up via PE office )	Chamber Orchestra Orchestral players above Grd 5 (woodwind to be auditioned) 1315 – 1350 Science Club KS3 only (PLJ or Curie Lab) 1315 – 1350 Geography Club All Welcome 1315 - C2 Yr8&Yr9 Football Teams 1315 - 1345	Yr11 Geography Trip - ( Group 1 ) Yr12 Oxford College Trip	KS3 Badminton 1535 – 1735 (£ - Sign up via PE office )	
Thursday 09/03/2023	GCSE Badminton 0800 – 0830	Jazz Band Wind, brass, guitar, bass & drum kit players All Yrs 1315 – 1350 ASTROPHYSICS CLUB KS3 1315 – 1350 in PLJ Basketball 1315 – 1345 0830 ( Sign up via PE office ) All Yrs GCSE Physics Club Yr10 & 11 (PLJ) 1315 – 1350 Meditation Club 1330 – 1350 Chapel JPIC Club 1330 – 1350 Chapel	Spring Concert	YR7 Netball Teams 1535 – 1630	
Friday 10/03/2023		Sinfonia 1315 - 1350 in the music room. All orchestral instruments Grd 2+ Chemistry clinic 1315 - 1350 in CLJ & CLS Yr12&Yr13	Yr11 Geography Trip - ( Group 2 )	KS4&KS5 Badminton 1535 – 1735 (£ - Sign up via PE office )	

- Dates to remember : March 2023**
- Spanish EWE Students Arrive – Monday 12<sup>th</sup> - Friday 24<sup>th</sup> March
  - Yr12 Chemistry Trip - Wednesday 15<sup>th</sup> March
  - Yr8 Parents Teacher Evening ( Virtual ) – Monday 20<sup>th</sup> & Wednesday 22<sup>nd</sup> March
  - Yr10 Ski Trip - Saturday 25<sup>th</sup> March - Friday 31<sup>st</sup> March
  - Yr9 History Trip - Tuesday 28<sup>th</sup> March
  - Last Day of Term - Friday 31<sup>st</sup> March

- Dates to remember : April 2023**
- Easter Holiday - Monday 3<sup>rd</sup> April – Friday 14<sup>th</sup> April
  - Yr8 Science Trip – Friday 21<sup>st</sup> April
  - A – Level Art Exam – Monday 24<sup>th</sup> April – Wednesday 26<sup>th</sup> April

- Dates to remember : May 2023**
- Bank Holiday - Monday 1<sup>st</sup> May
  - Yr12 Exams Start – Tuesday 2<sup>nd</sup> May
  - Bank Holiday ( Kings Coronation ) Monday 8<sup>th</sup> May
  - Last Day of Term – Friday 26<sup>th</sup> May
  - Bank Holiday – Monday 29<sup>th</sup> May
  - Half Term – Monday 29<sup>th</sup> May – Friday 2<sup>nd</sup> June

**School Menu Price List 2022**

Bacon Roll £1.00	Dessert with custard £1.40	Panini £2.00
Bagel £2.00	Egg Muffin £1.00	Pasta Bake £2.70
Bagel with Jam £0.90	Fish and chips £2.80	Pasta King £2.70
Baguette £2.50	Flavoured Milk £0.50	Petit Pain/Biscuits £0.50
Baked Beans £0.75	Flavoured Water £1.00	Pitta pizza £1.20
Bottled water £0.70	Fresh Fruit £0.45 £0.60	Pizza slice £1.80
Breakfast Bap £2.00	Fruit salad £1.50	Rice/Pasta £1.50
Butter/Sauce £0.20	Fruity Pot £1.00	Sandwich £2.20
Cake £1.50	Garlic Bread £0.50	Sausages or Chicken £2.00
Cheese Portion £0.60	Grated Cheese Portion £0.50	Scone £0.80
Cheese & Onion Pasty/ Sausage roll £0.80	Honey portion £0.75	Veg/Salad/Cous- Cous £0.80
Hot Dog £1.00	Vegetarian Dish £2.30	Chips £1.50
Ice Cream £0.70 £1.00 £1.20 £1.50	Water Melon Slice £0.75	Choc melt £1.80
Jacket Potato £2.00	Wrap £2.10	Chocolate Fudge cake £1.50
Jam portion £0.25	Yazoo £1.25	Cod £2.00
Juice carton £0.80	Yogurt £0.95	Crackers £0.30
Lolly £0.90	Croissant £1.00	Main Meal £2.70
Crumpet £0.50	Melon Slice £0.70	Cutlery £0.20
Milk Carton £0.75	Dessert £0.70 £1.00	Muller yogurt £1.00

**School Menu Week 3**

**Monday:** Mac & Cheese/Penne Pasta in Tomato Sauce/Sweetcorn/Jacket Potatoes **Dessert:** Fresh Fruit & Chocolate Twist

**Tuesday:** Chicken Curry/ Rice/Veg Curry/Salad/Mix Veg **Dessert:** Fresh Fruit & Cornflake Cupcakes

**Wednesday:** Beef Burgers & /Veg Burger/Green beans **Dessert:** Fresh Fruit & Muffins

**Thursday:** Beef Burrito/Rice/ Falafel Wrap/Sweetcorn/Coleslaw **Dessert:** Fresh Fruit & Muffins

**Friday:** Fish & Chips/Veg Fingers/Peas **Dessert:** Fresh Fruit & Croissants

**Links to School News & Events**

**Year 7 Football Cup**  
<https://www.st-michaels.barnet.sch.uk/home/school/news/year-7-progress-to-borough-cup-semi-final/>

**St Michaels Yr12 boy's football team**  
<https://www.st-michaels.barnet.sch.uk/home/school/news/history-makers-st-michaels-year/>


**Meet our head boy and girl**  
<https://www.st-michaels.barnet.sch.uk/home/school/news/year-7-progress-to-borough-cup-semi-final-2/>

**Mary Ward Badges -**  
<https://www.stmichaels.barnet.sch.uk/home/school/news/mary-ward/>

**Recognition**

Well done to all our Year 11 students.  
 For working extremely hard during their mock exams.  
 Well done!!

**This Week Prayer**



Lord Jesus, when I am sad  
 Help me think of you praying in the garden.  
 Lord Jesus, when I am fearful  
 help me to think of you being taken prisoner.  
 Lord Jesus, when I am ill  
 help me to think of you being scourged at the pillar.  
 Lord Jesus, when I have a headache  
 help me to think of you wearing the crown of thorns.  
 Lord Jesus, when I am tired  
 help me to think of you carrying the cross for love of me.  
 Lord Jesus, when I am humiliated  
 help me to think of you being stripped of your garments.  
 Lord Jesus, when I am in pain  
 help me to think of you being nailed to the cross.  
 Lord Jesus, when I am lonely  
 help me to think of you hanging on the cross.  
 Lord Jesus, when I am dying  
 Help me to think of you dying on the cross for love of me.  
 Lord Jesus, help me to remember  
 how much you suffered for love of me  
 and help me to love you more and more.  
 Amen