



Day	Morning Clubs	Exams	AM Events	Lunch Time Activities	PM Events	School Outings	Afterschool Clubs	Afterschool Events
<b>Monday 30<sup>th</sup> October 2023 – INSET DAY</b>								
<b>Tuesday 31/10/2023</b>	<b>Table Tennis</b> - 0800 - 0830			<b>Engineering Club</b> ( DT ) 1315 <b>Teen Tech Yr9</b> ( C1 ) 1315 - 1350 <b>Volleyball Yr9</b> – 1315 – 1345 <b>Mindfulness Art Club Yr7</b> 1315 – 1345 H1 <b>Maths Clinic</b> 1320 – 1350 KS3 & KS4 OC2 KS5 OC1			<b>KS4 Netball Teams</b> 1535 – 1630 <b>KS3 Badminton</b> ( £ Sign up via PE office ) 1535 – 1630	
<b>Wednesday 01/11/2023</b>	<b>Volleyball KS4&amp;KS5</b> – 0800 - 0830			<b>Basketball</b> – 1315 – 1345 <b>CREST Club Yr10 &amp; 11</b> ( PLJ ) 1315 <b>Yr11 Chemistry Clinic</b> ( CLJ ) 1320 – 1350		<b>Yr11 Tate Modern Trip</b> ( selected students )	<b>Yr8 &amp; 9 Netball Teams</b> 1535 – 1630	<b>Yr7 Football v Wren Away</b>
<b>Thursday 02/11/2023</b>	<b>GCSE Badminton</b> – 0800 - 0830			<b>Infinity Club Practice UKMT Maths Challenge &amp; Hans Woyda</b> (OC1) 1310 - 1350 <b>GCSE Physics Club Yr10 &amp; 11</b> (PLJ) 1315 – 1350 <b>Astrophysics Club All Welcome</b> ( PLJ ) 1315 <b>Science Club Yr17,8,9</b> ( PLJ ) 1315 - 1350 <b>KS3 Dance Club</b> ( Sign up via PE office ) 1315 – 1345 <b>Yr12 Chemistry Clinic</b> ( CLJ ) 1320 – 1350 <b>Yr13 Chemistry Clinic</b> ( CLS ) 1320 – 1350			<b>Yr8 &amp; 9 Football Teams</b> 1535 – 1630	<b>Yr7&amp;8 Netball v Compton Away</b> <b>Yr9 Netball v Compton Home</b>
<b>Friday 03/11/23</b>							<b>KS4 &amp; KS5 Badminton</b> ( £ Sign up via PE office ) 1535 – 1630	<b>Yr8 Sleepover</b>

Dates to remember : November 2023	Dates to remember : December 2023	Dates to remember : January 2024
<ul style="list-style-type: none"> <li>• Mass for Current Yr7 Parents – <b>Wednesday 8<sup>th</sup> November 1630</b></li> <li>• Arts Week – <b>Monday 13<sup>th</sup> November - Friday 16<sup>th</sup> November</b></li> <li>• Yr11 Epping Forest 1 ( selected students ) – <b>Tuesday 14<sup>th</sup> November</b></li> <li>• Yr11 Epping Forest 2 ( selected students ) – <b>Wednesday 15<sup>th</sup> November</b></li> <li>• Sixth Form Open Evening – <b>Thursday 16<sup>th</sup> November 1800</b></li> <li>• <b>Yr11 Parent information Evening ( Virtual ) 1600 – Wednesday 22<sup>nd</sup> November</b></li> <li>• <b>Yr11 Skills UK at Excel Centre Trip - from P2 Friday 24<sup>th</sup> November</b></li> </ul>	<ul style="list-style-type: none"> <li>• Yr12 Chemistry in Action Trip – <b>Tuesday 4<sup>th</sup> December</b></li> <li>• Yr12 &amp; 13 Physics in Action Trip – <b>Wednesday 6<sup>th</sup> December</b></li> <li>• Yr13 Christmas Social - <b>Friday 15<sup>th</sup> December</b></li> <li>• Yr12 Christmas Social - <b>Monday 18<sup>th</sup> December</b></li> <li>• Awards and Speech Night - <b>Tuesday 19<sup>th</sup> December 1830</b></li> <li>• <b>Last day of Term Thursday 21<sup>st</sup> December - Early Finish 1300</b></li> <li>• <b>Christmas Holidays - Monday 25<sup>th</sup> – Wednesday 3<sup>rd</sup> January 2024</b></li> <li>• <b>INSET DAYS - Thursday 4<sup>th</sup> January &amp; Friday 5<sup>th</sup> January</b></li> <li>• <b>Students Return to School – Monday 8<sup>th</sup> January</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>INSET DAYS - Thursday 4<sup>th</sup> January &amp; Friday 5<sup>th</sup> January</b></li> <li>• <b>Students Return to School – Monday 8<sup>th</sup> January</b></li> </ul>
School Dinners Information	Links to School News & Events	This Weeks Prayer
<p style="text-align: center;"><u><a href="#">School Menu Week 1</a></u></p> <p><b>Monday:</b> Spaghetti with Roast Veg in Marinade Sauce/ Sweetcorn Salad <b>Dessert:</b> Fresh Fruit &amp; Chocolate Twist</p> <p><b>Tuesday:</b> Roast Chicken &amp; Rice/Roast Veg / Salad <b>Dessert:</b> Fresh Fruit &amp; Cookies</p> <p><b>Wednesday:</b> Meatballs &amp; Wedges /Meat free Balls /Green Beans / Coleslaw <b>Dessert:</b> Fresh Fruit &amp; Chocolate Cake</p> <p><b>Thursday:</b> Sausages, Mash &amp; Gravy/Veg Sausages/Broccoli/Couscous with Roasted Veg <b>Dessert</b> :Fresh Fruit &amp; Muffins</p> <p><b>Friday:</b> Fish &amp; Chips/Roasted Veg/Chips/Peas/Jacket Potato <b>Dessert:</b> Fresh Fruit &amp; Croissants</p>	<p><b>New Sixth Form Open Evening</b> <a href="https://www.st-michaels.barnet.sch.uk/home/school/news/sixth-form-open-evening-2023/">https://www.st-michaels.barnet.sch.uk/home/school/news/sixth-form-open-evening-2023/</a></p> <p><b>Yr12 Netball</b> <a href="https://www.st-michaels.barnet.sch.uk/home/school/news/year-12-netball-team/">https://www.st-michaels.barnet.sch.uk/home/school/news/year-12-netball-team/</a></p> <p><b>Congratulate the Mathematicians</b> <a href="https://www.st-michaels.barnet.sch.uk/home/school/news/congratulate-the-mathematicians-of-st-michaels/">https://www.st-michaels.barnet.sch.uk/home/school/news/congratulate-the-mathematicians-of-st-michaels/</a></p> <p><b>Yr13 Royal Summit</b> <a href="https://www.st-michaels.barnet.sch.uk/home/school/news/year-12-and-13-royal-institution-for-a-youth-summit-on-artificial-intelligence/">https://www.st-michaels.barnet.sch.uk/home/school/news/year-12-and-13-royal-institution-for-a-youth-summit-on-artificial-intelligence/</a></p>	<p>God of the Universe thank you that you are perfectly faithful; you never forget, never fail and never take back a promise. You have promised that you will give wisdom to anyone who asks. Hear my prayer for wisdom and fill me with your love and your understanding. Help me to study by giving me a clear mind and a calm heart. May your peace be in my heart, your grace be in my words, your love be in my hands and your joy be in my soul. In the name of the Father, the Son and the Holy Spirit, Amen</p>

School Menu Price List

## ST MICHAELS SCHOOL MENU

### SANDWICHES/ROLLS      PRICE

BACON ROLL	£1.00
BAGEL (V)	£2.00
BAGEL WITH JAM (V)	£0.90
BAGUETTE	£2.50
BREAKFAST BAP	£2.00
CRACKERS (V)	£0.30
CRUMPET (V)	£0.50
EGG MUFFIN (V)	£1.00
WRAP	£2.10
GLUTEN FREE SANDWICH	£2.30
PANNI	£2.00
SANDWICH	£2.30
CRACKERS	£0.30

### EXTRA PORTIONS      PRICE

BAKED BEANS (V)	£0.75
BUTTER/ SAUCE	£0.20
CHEESE PORTION (V)	£0.60
GRATED CHEESE (V)	£0.50
JAM PORTION	£0.25
HONEY PORTION	£0.75

### CUTLERY      £0.20

### PASTRIES & BAKERY      PRICE

CHEESE & ONION PASTY	£0.80
CROISSANT	£1.00
SAUSAGE ROLL	£0.90
PETIT PAIN	£0.50
BISCUITS	£0.50
SCONE	£0.80
GARLIC BREAD (V)	£0.50

### MAIN MEALS      PRICE

HOT DOG	£1.00
PITTA PIZZA	£1.20
PIZZA SLICE	£1.80
FISH & CHIPS	£ 2.80
VEGGIE DISH (V)	£2.80
PASTA BAKE (V)	£2.70
RICE/ PASTA (V)	£1.50
VEGETABLES (V)	£0.80
SALAD (V)	£0.80
COUS-COUS (V)	£0.80
JACKET POTATO (V)	£2.00
RICE/ PASTA (V)	£1.50
SAUSAGES	£2.00
CHICKEN	£2.00
CHIPS (V)	£1.50
COD	£2.00
MAIN MEAL	£2.80

### DESSERTS      PRICE

CAKE	£1.50
ICE CREAM	£0.70/£1.00, £1.20/£1.50
LOLLY	£0.90
DESSERT & CUSTARD	£1.40
FRESH FRUIT	£0.45/£0.60
FRUIT SALAD	£1.50
FRUITY POT	£1.00
WATER MELON SLICE	£0.75
YOGURT	£0.95
MELON SLICE	£0.70
DESSERT	£0.70/£1.00
CHOC MELT	£1.80
CHOC FUDGE CAKE	£1.50
MULLER YOGURT	£1.00

### DRINKS      PRICE

YAZOO	£1.25
FLAVOURED WATER	£1.00
FLAVOURED MILK	£0.50
MILK CARTON	£0.70
JUICE CARTON	£0.80

### NEW TO THE MENU

**GLUTEN FREE SANDWICHES £2.30**

