



Day	AM Events	Lunch Time Activities	School Outings/ Mass	Afterschool Events	Exams
Monday 21/11/2022		KS3 Dance 1315 – 1345 (Sign up via PE office) Physics Clinic KS5 (preexisting) [PLS and PLJ] 1315 – 1350		YR8 & 9 Netball Teams 1535 – 1630	
Tuesday 22/11/2022	Table Tennis 0800 – 0830 (Sign up via PE office) All years	Debate Club All Welcome 1315 H4 Bring lunch Yr8&9 Football Teams 1315 – 1345 STEAM Club KS4 & 5 (PLJ) 1315 – 1350 Chamber Choir Yr10-13 1315 – 1350 KS5 Maths Clinic 1320 - 1350 OC1 KS3 - KS4 Maths Clinic 1320 - 1350 OC2		KS4 Netball Teams 1535 – 1630 Chemistry recovery curriculum in CLS 1530 – 1630 KS4&KS5 Badminton 1535 – 1735 (€ - Sign up via PE office)	
Wednesday 23/11/2022	KS4 Volleyball 0800 – 0830 (Sign up via PE office)	Chamber Orchestra Orchestral players above Grd 5 (woodwind to be auditioned) 1315 – 1350 Science Club KS3 only (PLJ or Curie Lab) 1315 – 1350 Geography Club All Welcome 1315 - C2 Yr7 Football Teams 1315 - 1345	The Y8 English/Remembrance trip to the cinema – All of Yr8 will be out on this trip (P1 – 5) Yr11 Parents' Evenings - (Virtual)	KS3 Badminton 1535 – 1735 (€ - Sign up via PE office)	
Thursday 24/11/2022	GCSE Badminton 0800 – 0830	Jazz Band Wind, brass, guitar, bass & drum kit players All Yrs 1315 – 1350 ASTROPHYSICS CLUB KS3 1315 – 1350 in PLJ Basketball 1315 – 1345 0830 (Sign up via PE office) All Yrs GCSE Physics Club Yr10 & 11 (PLJ) 1315 – 1350		YR7 Netball Teams 1535 – 1630	
Friday 25/11/2022		Sinfonia 1315 - 1350 in the music room. All orchestral instruments Grd 2+ Chemistry clinic 1315 - 1350 in CLJ & CLS Yr12&Yr13	Yr11 Trip to Excel	KS4&KS5 Badminton 1535 – 1735 (€ - Sign up via PE office)	

<p>Dates to remember : November 2022</p> <ul style="list-style-type: none"> Yr11 Paris Trip – Monday 28th Nov– Thursday 1st Dec 	<p>Dates to remember : December 2022</p> <ul style="list-style-type: none"> Early Finish - Friday 16th December 1300 Christmas Half Term – Monday 19th Dec 2022 – Monday 2nd Jan 2023 	<p>Dates to remember : January 2023</p> <ul style="list-style-type: none"> INSET DAY - Tuesday 3rd Jan & Wednesday 4th Jan 2023 (Return to school Thursday 5th January 2023)
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School Menu Price List 2022

Bacon Roll £1.00	Dessert with custard £1.40	Panini £2.00
Bagel £2.00	Egg Muffin £1.00	Pasta Bake £2.70
Bagel with Jam £0.90	Fish and chips £2.80	Pasta King £2.70
Baguette £2.50	Flavoured Milk £0.50	Petit Pain/Biscuits £0.50
Baked Beans £0.75	Flavoured Water £1.00	Pitta pizza £1.20
Bottled water £0.70	Fresh Fruit £0.45 £0.60	Pizza slice £1.80
Breakfast Bap £2.00	Fruit salad £1.50	Rice/Pasta £1.50
Butter/Sauce £0.20	Fruity Pot £1.00	Sandwich £2.20
Cake £1.50	Garlic Bread £0.50	Sausages or Chicken £2.00
Cheese Portion £0.60	Grated Cheese Portion £0.50	Scone £0.80
Cheese & Onion Pasty/ Sausage roll £0.80	Honey portion £0.75	Veg/Salad/Cous- Cous £0.80
Hot Dog £1.00	Vegetarian Dish £2.30	Chips £1.50
Ice Cream £0.70 £1.00 £1.20 £1.50	Water Melon Slice £0.75	Choc melt £1.80
Jacket Potato £2.00	Wrap £2.10	Chocolate Fudge cake £1.50
Jam portion £0.25	Yazoo £1.25	Cod £2.00
Juice carton £0.80	Yogurt £0.95	Crackers £0.30
Lolly £0.90	Croissant £1.00	Main Meal £2.70
Crumpet £0.50	Melon Slice £0.70	Cutlery £0.20
Milk Carton £0.75	Dessert £0.70 £1.00	Muller yogurt £1.00

School Menu Week 1

Monday: Spaghetti with Roast Veg in Marinade Sauce/ Sweetcorn Salad
Dessert: Fresh Fruit & Chocolate Twist

Tuesday: Roast Chicken & Rice/Roast Veg / Salad Dessert: Fresh Fruit & Cookies

Wednesday: Meatballs & Wedges /Meat free Balls /Green Beans / Coleslaw
Dessert: Fresh Fruit & Chocolate Cake

Thursday: Sausages, Mash & Gravy/Veg Sausages/Broccoli/Couscous with Roasted Veg **Dessert** :Fresh Fruit & Muffins

Friday: Fish & Chips/Roasted Veg/Chips/Peas/Jacket Potato **Dessert:** Fresh Fruit & Custard

Links to School News & Events

Free Activities for Children & Young People in Barnet -
<https://www.barnet.gov.uk/benefits-grants-and-financial-advice/cost-living-support>

African Food Day –
<https://www.st-michaels.barnet.sch.uk/home/school/news/african-food-day/>

STM Sports Newsletter -
<https://www.st-michaels.barnet.sch.uk/home/school/news/stm-sports-news-letter/>

This Week Prayer

God of the Universe thank you that you are perfectly faithful; you never forget, never fail and never take back a promise. You have promised that you will give wisdom to anyone who asks. Hear my prayer for wisdom and fill me with your love and your understanding. Help me to study by giving me a clear mind and a calm heart. May your peace be in my heart, your grace be in my words, your love be in my hands and your joy be in my soul. In the name of the Father, the Son and the Holy Spirit, Amen.

Recognition

Head Boy and Head Girl Elections: The following students have been shortlisted for the Head Boy/Head Girl ballot:

Abby 12Z
Elizabeth 12Y
Esther 12N
Saleena 12C
Julianne 12Z
Kian 12N
Carys 12B
Arabella 12A

Good luck!!