



Day	AM Events	Lunch Time Activities	School Outings/ Mass	Afterschool Events	Exams
Monday 20/02/2022		Film Club 1330 – 1330 Chapel Yr9&Yr10 Cricket Club 13.15 -1345 Yr8&Yr9 Football Teams 13.15 -1345 Physics Clinic KS5 (preexisting) [PLS and PLJ] 1315 – 1350		Yr8 & 9 Netball Teams 1535 – 1630 Yr7 Football Teams 1535 – 1630	Yr11 Mock Exams Start
Tuesday 21/02/2023	Table Tennis 0800 – 0830 ( Sign up via PE office ) All years	Debate Club All Welcome 1315 H4 Bring lunch Yr7&8 Cricket Club 1315 – 1345 STEAM Club KS4 & 5 (PLJ) 1315 – 1350 Chamber Choir Yr10-13 1315 – 1350 KS5 Maths Clinic 1320 - 1350 OC1 KS3 - KS4 Maths Clinic 1320 - 1350 OC2	Shrove Tuesday	KS4 Netball Teams 1535 – 1630 Chemistry recovery curriculum in CLS 1530 – 1630 KS4&KS5 Badminton 1535 – 1735 (£ - Sign up via PE office )	Yr11 Mock Exams
Wednesday 22/02/2023	KS4 Volleyball 0800 – 0830 ( Sign up via PE office )	Chamber Orchestra Orchestral players above Grd 5 (woodwind to be auditioned) 1315 – 1350 Science Club KS3 only (PLJ or Curie Lab) 1315 – 1350 Geography Club All Welcome 1315 - C2 Yr8&Yr9 Football Teams 1315 - 1345	Ash Wednesday	KS3 Badminton 1535 – 1735 (£ - Sign up via PE office ) Yr9 Parents Evening Core Subjects (Virtual)	Yr11 Mock Exams
Thursday 23/02/2023	GCSE Badminton 0800 – 0830	Jazz Band Wind, brass, guitar, bass & drum kit players All Yrs 1315 – 1350 ASTROPHYSICS CLUB KS3 1315 – 1350 in PLJ Basketball 1315 – 1345 0830 ( Sign up via PE office ) All Yrs GCSE Physics Club Yr10 & 11 (PLJ) 1315 – 1350 Meditation Club 1330 – 1350 Chapel JPIC Club 1330 – 1350 Chapel		Yr7 Netball Teams 1535 – 1630  Yr9 Parents Evening Options Subjects (Virtual)	Yr11 Mock Exams
Friday 24/02/2023	Wear it Red for British Heart Foundation	Sinfonia 1315 - 1350 in the music room. All orchestral instruments Grd 2+ Chemistry clinic 1315 - 1350 in CLJ & CLS Yr12&Yr13	Yr10 Science Live Trip Yr8 Retreats ( 8C & 8M )	KS4&KS5 Badminton 1535 – 1735 (£ - Sign up via PE office )	Yr11 Mock Exams

<p><b>Dates to remember : February 2023</b></p> <ul style="list-style-type: none"> <li>Yr11 Mock Exams - Monday 27<sup>th</sup> February - Friday 4<sup>th</sup> March</li> </ul>	<p><b>Dates to remember : March 2023</b></p> <ul style="list-style-type: none"> <li>World Book Day - Thursday 2<sup>nd</sup> March</li> <li>Yr11 Geography Trip - Wednesday 8<sup>th</sup> March ( Group 1 )</li> <li>Yr12 Oxford College Trip – Wednesday 8<sup>th</sup> March</li> <li>Yr11 Geography Trip - Friday 10<sup>th</sup> March ( Group 2 )</li> <li>Spanish EWE Students Arrive – Monday 12<sup>th</sup> - Friday 24<sup>th</sup> March</li> <li>Yr12 Chemistry Trip - Wednesday 15<sup>th</sup> March</li> <li>Yr10 Ski Trip - Saturday 25<sup>th</sup> March - Friday 31<sup>st</sup> March</li> <li>Last Day of Term - Friday 31<sup>st</sup> March</li> </ul>	<p><b>Dates to remember : April 2023</b></p> <ul style="list-style-type: none"> <li>Easter Holiday - Monday 3<sup>rd</sup> April – Friday 14<sup>th</sup> April</li> <li>Yr8 Science Trip – Friday 21<sup>st</sup> April</li> </ul>
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**School Menu Price List 2022**

Bacon Roll £1.00	Dessert with custard £1.40	Panini £2.00
Bagel £2.00	Egg Muffin £1.00	Pasta Bake £2.70
Bagel with Jam £0.90	Fish and chips £2.80	Pasta King £2.70
Baguette £2.50	Flavoured Milk £0.50	Petit Pain/Biscuits £0.50
Baked Beans £0.75	Flavoured Water £1.00	Pitta pizza £1.20
Bottled water £0.70	Fresh Fruit £0.45 £0.60	Pizza slice £1.80
Breakfast Bap £2.00	Fruit salad £1.50	Rice/Pasta £1.50
Butter/Sauce £0.20	Fruity Pot £1.00	Sandwich £2.20
Cake £1.50	Garlic Bread £0.50	Sausages or Chicken £2.00
Cheese Portion £0.60	Grated Cheese Portion £0.50	Scone £0.80
Cheese & Onion Pasty/ Sausage roll £0.80	Honey portion £0.75	Veg/Salad/Cous- Cous £0.80
Hot Dog £1.00	Vegetarian Dish £2.30	Chips £1.50
Ice Cream £0.70 £1.00 £1.20 £1.50	Water Melon Slice £0.75	Choc melt £1.80
Jacket Potato £2.00	Wrap £2.10	Chocolate Fudge cake £1.50
Jam portion £0.25	Yazoo £1.25	Cod £2.00
Juice carton £0.80	Yogurt £0.95	Crackers £0.30
Lolly £0.90	Croissant £1.00	Main Meal £2.70
Crumpet £0.50	Melon Slice £0.70	Cutlery £0.20
Milk Carton £0.75	Dessert £0.70 £1.00	Muller yogurt £1.00

**School Menu Week 1**

**Monday:** Spaghetti with Roast Veg in Marinade Sauce/ Sweetcorn Salad  
**Dessert:** Fresh Fruit & Chocolate Twist

**Tuesday:** Roast Chicken & Rice/Roast Veg / Salad  
**Dessert:** Fresh Fruit & Cookies

**Wednesday:** Meatballs & Wedges /Meat free Balls /Green Beans / Coleslaw  
**Dessert:** Fresh Fruit & Chocolate Cake

**Thursday:** Sausages, Mash & Gravy/Veg Sausages/Broccoli/Couscous with Roasted Veg  
**Dessert:** Fresh Fruit & Muffins

**Friday:** Fish & Chips/Roasted Veg/Chips/Peas/Jacket Potato  
**Dessert:** Fresh Fruit & Croissants

**Links to School News & Events**

**St Michaels Yr12 boy's football team**  
<https://www.st-michaels.barnet.sch.uk/home/school/news/history-makers-st-michaels-year/>

**Meet our head boy and girl**  
<https://www.st-michaels.barnet.sch.uk/home/school/news/year-7-progress-to-borough-cup-semi-final-2/>

**Mary Ward Badges -**  
<https://www.stmichaels.barnet.sch.uk/home/school/news/mary-ward/>

**Meet the school band**  
<https://www.st-michaels.barnet.sch.uk/home/school/news/new-page-6/>

**This Week Prayer**

Loving God, as we begin this Lenten journey toward a greater union with you, strengthen our faith through our devoted practices of prayer, fasting, and almsgiving. Open up new doors to deeper spirituality and discovery of your love. We ask this through Christ, our Lord. Amen

**Recognition**

Congratulations to our Year 7 football team who won their quarter final against Mill Hill County.

