



Day	Morning Clubs	Exams	AM Events	Lunch Time Activities	PM Events	School Outings	Afterschool Clubs	Afterschool Events
Monday 18/09/2023				Physics Clinic A-LEVEL [PLS and PLJ] 1315 – 1350 Football Teams Yr7 – 1315 – 1345 Debate Club – 1320 S4		Yr13 Trip Royal Institution Summit (selected students)	Netball Teams Yr7 1535 – 1630	
Tuesday 19/09/2023	Table Tennis - 0800 - 0830			STEM Club KS4 & 5 (PLJ) 1315 – 1350 Teen Tech Yr9 (C1) 1315 - 1350– Starts 26 th September Volleyball Yr9 – 1315 - 1345 Maths Clinic 1320 – 1350 KS3 & KS4 OC2 KS5 OC1			KS4 Netball Teams 1535 – 1630 KS3 Badminton (£ Sign up via PE office) 1535 – 1630	
Wednesday 20/09/2023	Volleyball KS4&KS5 – 0800 - 0830			Mindfulness Art Club Yr7 1315 – 1345 H1 Basketball – 1315 - 1345			Yr8 & 9 Netball Teams 1535 – 1630	
Thursday 21/09/2023	GCSE Badminton – 0800 - 0830			GCSE Physics Club Yr10 & 11 (PLJ) 1315 – 1350 KS3 Dance Club (Sign up via PE office) 1315 - 1345			Yr8 & 9 Football Teams 1535 – 1630	
Friday 22/09/23				KS5 Sports hall - 1315 – 1345		Yr7 Trip to Gilwell Park	KS4 & KS5 Badminton (£ Sign up via PE office) 1535 – 1630	

Dates to remember : September 2023	Dates to remember : October 2023	Dates to remember : November 2023
<ul style="list-style-type: none"> Yr11 Spanish Exchange Friday 22nd September - Sunday 29th September St Michael's Day - Friday 29th September (early finish 1400) 	<ul style="list-style-type: none"> Yr10 Informtion Evening - Tuesday Yr7 Flu Nasal Spray - Wednesday 4th October Yr10 Bletchley Trip (selected students) Monday 9th October GCSE Italian Trip (selected students) - Monday 9th - Friday 13th October Yr7 Tower of London Trip – Tuesday 10th October Wear it Yellow to Support Young Minds – Tuesday 10th October Half Term – Monday 23rd October to Friday 27th October INSET DAY – Monday 30th October 	<ul style="list-style-type: none"> Sixth Form Open Evening – Thursday 2nd November Mass for Current Yr7 Parents – Wednesday 8th November 1630 Wear it Yellow - Support Young Minds Tuesday 10th October
School Dinners Information	Links to School News & Events	This Weeks Prayer
<p align="center"><u>School Menu Week 2</u></p> <p>Monday: Mac & Cheese/Penne Pasta in Tomato Sauce/Carrots/Jacket Potatoes Dessert: Fresh Fruit & Cakes</p> <p>Tuesday: Beef Stew/Mash Potatoes/Veg Cottage Pie/Mix Veg Dessert: Fresh Fruit & Cookies</p> <p>Wednesday: Pizza & Roast Potatoes /Veg Pizza/Salad Dessert: Fresh Fruit & Chocolate Twist</p> <p>Thursday: Roast Chicken Drum Sticks/Rice/Veg Sausages/Broccoli/Jacket Potatoes</p> <p>Dessert :Fresh Fruit & Muffins</p> <p>Friday: Fish & Chips/Veg Pasta Bake/Salad Dessert: Fresh Fruit & Croissants</p>	<p>Year9 & 10 Copperbox Trip https://www.st-michaels.barnet.sch.uk/home/school/news/year-9-and-10-copperbox-trip/</p> <p>Lords Trip https://www.st-michaels.barnet.sch.uk/home/school/news/lords-trip/</p> <p>Sixth</p>	<p align="center">Generous Father, thank you that you are great and abundant in power, your understanding is beyond measure. Let me follow the example of Jesus who, as he grew up, increased in wisdom and stature. Help me to use my time wisely as I study that I too may grow in wisdom. Please help me to glorify you in my thoughts, words and actions. Blessing and glory, wisdom and thanksgiving, honor, and power and strength, be unto you my God, forever and ever. In the name of the Father, the Son and the Holy Spirit, Amen.</p>

Attendance Expectations

We know that sometimes our pupils cannot come to school because they are really unwell - and that's the right thing to do for them and other students. Medical advice is clear however that children with mild illness will often be well enough to attend - for example if they have a cough, or cold, without a temperature. The NHS guidance Is my child too ill for school? – [NHS LINK](#) - is designed to support parents in their decision making about mild illness.

What YOU must do:	What WE must do:
<ul style="list-style-type: none"> Try to telephone the school before 8.30am each day of your child's absence. Tell the school in advance, of any medical appointments and email appointment cards/letters. If you are not sure whether your child is well enough to attend school, send them in anyway as they often perk up on arrival. Have a backup plan for if your child misses transport, call on a family member, neighbour or friend. If you and your child are experiencing difficulties with school attendance then talk to us as a first step so we can help! 	<ul style="list-style-type: none"> Check your child's attendance every day. Phone home to discuss your child's attendance with you. Invite you into school for attendance meetings if we are concerned. If we cannot establish a reason for absence, then we may make a welfare home visit.

ST MICHAELS SCHOOL MENU

SANDWICHES/ROLLS PRICE

BACON ROLL	£1.00
BAGEL (V)	£2.00
BAGEL WITH JAM (V)	£0.90
BAGUETTE	£2.50
BREAKFAST BAP	£2.00
CRACKERS (V)	£0.30
CRUMPET (V)	£0.50
EGG MUFFIN (V)	£1.00
WRAP	£2.10
GLUTEN FREE SANDWICH	£2.30
PANNI	£2.00
SANDWICH	£2.30
CRACKERS	£0.30

EXTRA PORTIONS PRICE

BAKED BEANS (V)	£0.75
BUTTER/ SAUCE	£0.20
CHEESE PORTION (V)	£0.60
GRATED CHEESE (V)	£0.50
JAM PORTION	£0.25
HONEY PORTION	£0.75

CUTLERY £0.20

PASTRIES & BAKERY PRICE

CHEESE & ONION PASTY	£0.80
CROISSANT	£1.00
SAUSAGE ROLL	£0.90
PETIT PAIN	£0.50
BISCUITS	£0.50
SCONE	£0.80
GARLIC BREAD (V)	£0.50

MAIN MEALS PRICE

HOT DOG	£1.00
PITTA PIZZA	£1.20
PIZZA SLICE	£1.80
FISH & CHIPS	£ 2.80
VEGGIE DISH (V)	£2.80
PASTA BAKE (V)	£2.70
RICE/ PASTA (V)	£1.50
VEGETABLES (V)	£0.80
SALAD (V)	£0.80
COUS-COUS (V)	£0.80
JACKET POTATO (V)	£2.00
RICE/ PASTA (V)	£1.50
SAUSAGES	£2.00
CHICKEN	£2.00
CHIPS (V)	£1.50
COD	£2.00
MAIN MEAL	£2.80

DESSERTS PRICE

CAKE	£1.50
ICE CREAM	£0.70/£1.00, £1.20/£1.50
LOLLY	£0.90
DESSERT & CUSTARD	£1.40
FRESH FRUIT	£0.45/£0.60
FRUIT SALAD	£1.50
FRUITY POT	£1.00
WATER MELON SLICE	£0.75
YOGURT	£0.95
MELON SLICE	£0.70
DESSERT	£0.70/£1.00
CHOC MELT	£1.80
CHOC FUDGE CAKE	£1.50
MULLER YOGURT	£1.00

DRINKS PRICE

YAZOO	£1.25
FLAVOURED WATER	£1.00
FLAVOURED MILK	£0.50
MILK CARTON	£0.70
JUICE CARTON	£0.80

NEW TO THE MENU

GLUTEN FREE SANDWICHES £2.30

