



Day	AM Events	Lunch Time Activities	School Outings/ Mass	Afterschool Events	Exams
Monday 14/11/2022		KS3 Dance 1315 – 1345 ( Sign up via PE office ) Physics Clinic KS5 (preexisting) [PLS and PLJ] 1315 – 1350		YR8 & 9 Netball Teams 1535 – 1630	
Tuesday 15/11/2022	Table Tennis 0800 – 0830 ( Sign up via PE office ) All years	Debate Club All Welcome 1315 H4 Bring lunch Yr8&9 Football Teams 1315 – 1345 STEAM Club KS4 & 5 (PLJ) 1315 – 1350 Chamber Choir Yr10-13 1315 – 1350 KS5 Maths Clinic 1320 - 1350 OC1 KS3 - KS4 Maths Clinic 1320 - 1350 OC2		KS4 Netball Teams 1535 – 1630 Chemistry recovery curriculum in CLS 1530 – 1630 KS4&KS5 Badminton 1535 – 1735 (€ - Sign up via PE office )	
Wednesday 16/11/2022	KS4 Volleyball 0800 – 0830 ( Sign up via PE office )	Chamber Orchestra Orchestral players above Grd 5 (woodwind to be auditioned) 1315 – 1350 Science Club KS3 only (PLJ or Curie Lab) 1315 – 1350 Geography Club All Welcome 1315 - C2 Yr7 Football Teams 1315 - 1345	Yr11 Retreat  Yr12 A+B Group Encourage Women for Career 1255 - 1800	KS3 Badminton 1535 – 1735 (€ - Sign up via PE office )	
Thursday 17/11/2022	GCSE Badminton 0800 – 0830	Jazz Band Wind, brass, guitar, bass & drum kit players All Yrs 1315 – 1350 ASTROPHYSICS CLUB KS3 1315 – 1350 in PLJ Basketball 1315 – 1345 0830 ( Sign up via PE office ) All Yrs GCSE Physics Club Yr10 & 11 (PLJ) 1315 – 1350		Yr7 Netball Teams 1535 – 1630	
Friday 18/11/2022		Sinfonia 1315 - 1350 in the music room. All orchestral instruments Grd 2+ Chemistry clinic 1315 - 1350 in CLJ & CLS Yr12&Yr13	Yr11 History Walking Trip leaving 1300	KS4&KS5 Badminton 1535 – 1735 (€ - Sign up via PE office )	

<p><b>Dates to remember : November 2022</b></p> <ul style="list-style-type: none"> <li>The Y8 English/Remembrance trip to the cinema – Wednesday 23rd Nov. All of Yr8 will be out on this trip (P1 – 5 )</li> <li>Yr11 Trip to Excel - Tuesday 25<sup>th</sup> Nov</li> <li>Yr11 Parents' Evenings - Wednesday 23<sup>rd</sup> Nov ( Virtual )</li> <li>Yr11 Paris Trip – Monday 28<sup>th</sup> Nov– Thursday 1<sup>st</sup> Dec</li> </ul>	<p><b>Dates to remember : December 2022</b></p> <ul style="list-style-type: none"> <li>Early Finish - Friday 16<sup>th</sup> December 1300</li> <li>Christmas Half Term – Monday 19<sup>th</sup> Dec 2022 – Monday 2<sup>nd</sup> Jan 2023</li> </ul>	<p><b>Dates to remember : January 2023</b></p> <ul style="list-style-type: none"> <li>INSET DAY - Tuesday 3<sup>rd</sup> Jan &amp; Wednesday 4<sup>th</sup> Jan 2023 ( Return to school Thursday 5<sup>th</sup> January 2023 )</li> </ul>
--	---	---

School Menu Price List 2022

Bacon Roll £1.00	Dessert with custard £1.40	Panini £2.00
Bagel £2.00	Egg Muffin £1.00	Pasta Bake £2.70
Bagel with Jam £0.90	Fish and chips £2.80	Pasta King £2.70
Baguette £2.50	Flavoured Milk £0.50	Petit Pain/Biscuits £0.50
Baked Beans £0.75	Flavoured Water £1.00	Pitta pizza £1.20
Bottled water £0.70	Fresh Fruit £0.45 £0.60	Pizza slice £1.80
Breakfast Bap £2.00	Fruit salad £1.50	Rice/Pasta £1.50
Butter/Sauce £0.20	Fruity Pot £1.00	Sandwich £2.20
Cake £1.50	Garlic Bread £0.50	Sausages or Chicken £2.00
Cheese Portion £0.60	Grated Cheese Portion £0.50	Scone £0.80
Cheese & Onion Pasty/ Sausage roll £0.80	Honey portion £0.75	Veg/Salad/Cous- Cous £0.80
Hot Dog £1.00	Vegetarian Dish £2.30	Chips £1.50
Ice Cream £0.70 £1.00 £1.20 £1.50	Water Melon Slice £0.75	Choc melt £1.80
Jacket Potato £2.00	Wrap £2.10	Chocolate Fudge cake £1.50
Jam portion £0.25	Yazoo £1.25	Cod £2.00
Juice carton £0.80	Yogurt £0.95	Crackers £0.30
Lolly £0.90	Croissant £1.00	Main Meal £2.70
Crumpet £0.50	Melon Slice £0.70	Cutlery £0.20
Milk Carton £0.75	Dessert £0.70 £1.00	Muller yogurt £1.00

School Menu Week 3

**Monday:** Mac & Cheese/Penne Pasta in Tomato Sauce/Sweetcorn/Jacket Potatoes **Dessert:** Fresh Fruit & Chocolate Twist  
**Tuesday:** Chicken Curry/ Rice/Veg Curry/Salad/Mix Veg **Dessert:** Fresh Fruit & Cornflake Cupcakes  
**Wednesday:** Beef Burgers & /Veg Burger/Green beans **Dessert:** Fresh Fruit & Muffins  
**Thursday:** Beef Burrito/Rice/ Falafel Wrap/Sweetcorn/Coleslaw **Dessert:** Fresh Fruit & Muffins  
**Friday:** Fish & Chips/Veg Fingers/Peas **Dessert:** Fresh Fruit & Croissants

Links to School News & Events

**Free Activities for Children & Young People in Barnet -**  
<https://www.barnet.gov.uk/benefits-grants-and-financial-advice/cost-living-support>  
**African Food Day –**  
<https://www.st-michaels.barnet.sch.uk/home/school/news/african-food-day/>  
**STM Sports Newsletter -**  
<https://www.st-michaels.barnet.sch.uk/home/school/news/stm-sports-news-letter/>

This Week Prayer

Generous Father, thank you that you are great and abundant in power, your understanding is beyond measure. Let me follow the example of Jesus who, as he grew up, increased in wisdom and stature. Help me to use my time wisely as I study that I too may grow in wisdom. Please help me to glorify you in my thoughts, words and actions. Blessing and glory, wisdom and thanksgiving, honor, and power and strength, be unto you my God, forever and ever. In the name of the Father, the Son and the Holy Spirit, Amen

Recognition

Well done to all our year 9 students who visited Kew gardens last week. It was a wet and windy day but an enjoyable one!



<https://www.st-michaels.barnet.sch.uk/home/school/news/yr9-kew-gardens-trip/>

Please click onto the link above to see some pictures from that day.