# St Michael's Weekly Bulletin: Monday 10th October 2022



Day	AM Events	Lunch Time Activities	School Outings/ Mass	Afterschool Events	Exams
Monday 10/10/2022	Wear Yellow for Young Minds	KS3 Dance 1315 – 1345 ( Sign up via PE office ) Physics Clinic KS5 (preexisting) [PLS and PLJ] 1315 – 1350		YR8 & 9 Netball Teams 1535 – 1630	Yr7T CAT's P1-3
Tuesday 11/10/2022	Table Tennis 0800 – 0830 ( Sign up via PE office ) All years	Debate Club All Welcome 1315 H4 Bring lunch Yr8&9 Football Teams 1315 – 1345 STEAM Club KS4 & 5 (PLI) 1315 – 1350 Chamber Choir Yr10-13 1315 – 1350 KS5 Maths Clinic 1320 - 1350 OC1 KS3 - KS4 Maths Clinic 1320 - 1350 OC2	Yr9C To North Finchley Mosque - P1-2	KS4 Netball Teams 1535 – 1630 KS4&KS5 Badminton 1535 – 1735 (£ - Sign up via PE office)	Yr7M CAT's P1-3
Wednesday 12/10/2022	KS4 Volleyball 0800 – 0830 ( Sign up via PE office ) Year 11 Financial Awareness Day - P2-P7. They will attend normal lessons for P1.	Chamber Orchestra Orchestral players above Grd 5 (woodwind to be auditioned) 1315 – 1350 Science Club KS3 only (PLJ or Curie Lab) 1315 – 1350 Geography Club All Welcome 1315 - C2 Yr7 Football Teams 1315 - 1345	YR7 trip to the Tower of London	KS3 Badminton 1535 – 1735 (£ - Sign up via PE office)	
Thursday 13/10/2022	GCSE Badminton 0800 – 0830	Flute Choir Any flute players, any year group or grade 1300 – 1330  Jazz Band Wind, brass, guitar, bass and drum kit players any year group 1315 – 1350  Basketball 1315 – 1345 0830 ( Sign up via PE office ) All years GCSE Physics Club Yr10 & 11 (PLJ) 1315 – 1350		<b>YR7 Netball Teams</b> 1535 – 1630	Yr7C CAT's P1-3
Friday 14/10/2022	YR12 Visit to UK University Search Exhibition YR11 Taste of 6th Form Day			KS4&KS5 Badminton 1535 – 1735 (£ - Sign up via PE office )	Yr7S CAT's P1-3

Dates to remember: October 2022

- Yr9S To North Finchley Mosque Tuesday 18th October (P1-2)
- Wear Pink for Breast Cancer Awareness -Friday 21st October
- Half Term Monday 24th October Friday 28th October
- INSET Day Monday 31st October
- Return to school Tuesday 1st November

Dates to remember: November 2022

- Yr9 Trip to Kew -Tuesday 8th November
- Sixth Form Open Evening Wednesday 9<sup>th</sup> November
- Yr11 Retreat Wednesday 16<sup>th</sup> November
- Yr11 Paris Trip Monday 28th November Thursday 1st December

Dates to remember: December 2022

- Early Finish Friday 16th December 1300
- Christmas Half Term Monday 19<sup>th</sup> Dec 2022 Monday 2<sup>nd</sup> Jan 2023
- INSET DAY Tuesday 3<sup>rd</sup> Jan & Wednesday 4<sup>th</sup> Jan 2023 ( Return to school Thursday 5<sup>th</sup> January 2023 )

School	Menu	Price	List	2022	

Bacon Roll £1.00 Dessert with custard £1.40 Panini £2.00 Bagel £2.00 Egg Muffin £1.00 Pasta Bake £2.70 Bagel with Jam £0.90 Fish and chips £2.80 Pasta King £2.70 Baguette £2.50 Flavoured Milk £0.50 Petit Pain/Biscuits £0.50 Baked Beans £0.75 Flavoured Water £1.00 Pitta nizza £1 20 Bottled water £0.70 Fresh Fruit £0.45 £0.60 Pizza slice £1.80 Breakfast Bap £2.00 Fruit salad £1.50 Rice/Pasta £1.50 Sandwich £2.20 Butter/Sauce £0.20 Fruity Pot £1.00 Garlic Bread £0.50 Cake £1.50 Sausages or Chicken £2.00 Cheese Portion £0.60 Grated Cheese Portion £0.50 Cheese & Onion Pasty/ Sausage roll £0.80 Honey portion £0.75 Veg/Salad/Cous- Cous £0.80 Hot Dog £1.00 Vegetarian Dish £2.30 Chips £1.50 Ice Cream £0.70 £1.00 £1.20 £1.50 Water Melon Slice £0.75 Choc melt £1.80 Jacket Potato £2.00 Wrap £2.10 Chocolate Fudge cake £1.50 Jam portion £0.25 Yazoo £1.25 Cod £2.00 Juice carton £0.80 Yogurt £0.95 Crackers £0.30 Lolly £0.90 Croissant £1.00 Main Meal £2.70 Melon Slice £0.70 Cutlery £0.20 Crumpet £0.50 Milk Carton £0.75 Dessert £0.70 £1.00 Muller yogurt £1.00

### School Menu Week 3

<u>Monday:</u> Mac & Cheese/Penne Pasta in Tomato Sauce/Sweetcorn/Jacket Potatoes <u>Dessert:</u> Fresh Fruit & Chocolate Twist

<u>Tuesday:</u> Chicken Curry/ Rice/Veg Curry/Salad/Mix Veg <u>Dessert</u>: Fresh Fruit & Cornflake Cupcakes

<u>Wednesday:</u> Beef Burgers & /Veg Burger/Green beans <u>Dessert:</u> Fresh Fruit & Muffins

<u>Thursday:</u> Beef Burrito/Rice/ Falafel Wrap/Sweetcorn/Coleslaw <u>Dessert</u>: Fresh Fruit & Muffins

Friday: Fish & Chips/Veg Fingers/Peas Dessert: Fresh Fruit & Croissants

### Please take a look at our brand new website!

#### **Links to School News & Events**

Student swimming success - https://www.stmichaels.barnet.sch.uk/home/school/news/students-swimming-success/

YR 11 Art Trip - https://www.st-michaels.barnet.sch.uk/admissions-2/news/year-11-art-trip/

## This Week Prayer

Loving Father, thank you that you are my creator, you know me better than anyone else. Help me to use the mind you have given me to learn and study effectively. May I learn with humility and grace. May I grow in wisdom as well as knowledge. Let me live a life of integrity in everything I do. May I grow in grace, and in the knowledge of our Lord and Savior Jesus Christ. To you be glory, both now and forever. In the name of the Father, the Son and the Holy Spirit, Amen

### <u>Recognition</u>

### **Cross Country Competition**

The PE department would like to congratulate all students from Year 7-11 who took part in the Barnet schools cross country competition at the Stone X Stadium this week. All students showed fantastic effort and determination during their races. A special mention for Federica who came first in the Year 10 and 11 girl's race.

#### **Football Competition**

The Year 7 and Year 8/9 football teams both cruised to resounding victories against the Compton school this week. Our year 7 team winning 5-1 and the Year 8/9 combined team winning 8-1. Our teams showed great sportsmanship during the game with the Compton students and the game was played in good spirits. Special mention for Natalia who showed great energy in midfield for year 7 and to Sophia who played a pivotal role in the Year 8/9 victory. Well done to all students involved.

